

Setting Positive Behavior Norms and Expectations

Presenters:

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Expectations for this webinar:

- Self-monitor
 - Are you participating?
 - Engaged as a learner?
- Stretch, break, stand as needed
- If you have questions or comments:
 - Raise hand

Self



- Listen while others are speaking
- Work as a team:
 - Room for every voice
 - Reinforce participation

Others



- Have your computer charged and ready to go
- Keep necessary materials at hand
 - action plan
 - relevant docs
 - water/snacks

Minimize distractions as much as possible

Environment



Agenda

Introductions

Overview of Expectations

Why? - The power of positivity

What is your purpose?

How to develop 3 - 5 Positive Norms/Expectations

Defining expectations:

- School-wide
- Classroom
- Personal/Home

Teaching positive behaviors

Acknowledgments

Evaluating our efforts



Connector...

Think of a time you entered a new environment for the first time

How did you feel?

Was it welcoming?

Did you know what to do?

Did you want to go back?



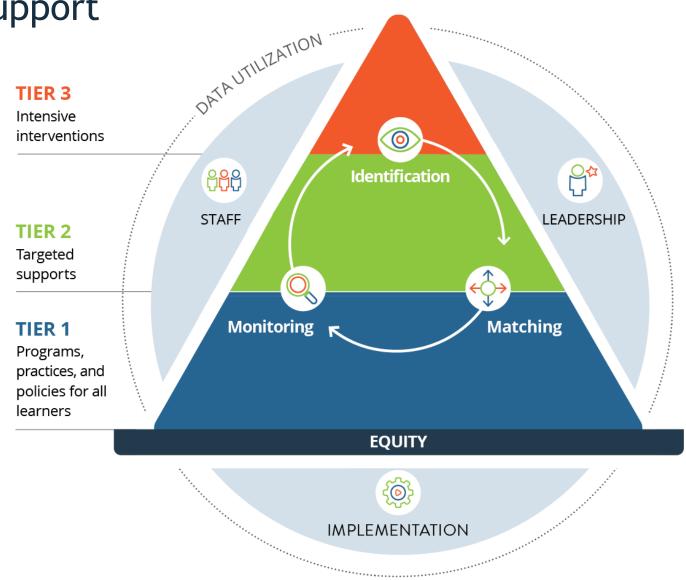






Multi-tiered Systems of Support

Tier 1:
establishing norms
that are clear,
consistent and
culturally relevant for
ALL is part of a Tier
1 approach





Use Tier 1 Strategies to create a supportive environment

Successful individual student behavior support is <u>linked to</u> <u>host environments</u> or school climates that are effective, efficient, relevant, & durable.

(Zins & Ponti, 1990)



Why? Positivity is powerful!

+ Increases social climate

Decreases negative behavior

Builds a sense of belonging

+ Enhances learning

+ Improved staff morale



Process for establishing positive norms and expectations

- 01 Establish a statement of purpose
- (02) Establish a team
- 03 Establish norms
- 04 Define and Teach Prosocial Behavior
- 05 Acknowledgements
- **06** Evaluate



Establish a Team



TEAM COMPOSITION



System Coordinators (Coaches)



Support Staff



Administrator



Parent/Family Members

Represented by non-staff members



Grade/Department Representatives



Community Members



Specialists

Special Educator, Counselor, School Psychologist, Social Worker, etc.



Students



Establish a Statement of Purpose



What is your WHY?

+ Establish a common statement of purpose

- + Clear and concise
- + Authentic
- + Timeless
- + Co-create



Purpose statement identifies WHY you need positive norms at your school

Ensure all students develop the social-emotional-behavioral (SEB) skills needed to be effective learners through the implementation of evidence-based interventions and use of data to inform decisions.

- Positively stated
- 2 to 3 sentences in length
- Supportive of academic achievement and social-emotionalbehavioral (SEB) health
- Comprehensive in scope (relevant to all students, staff & settings)





Example:

Our classroom (School) will be a positive, considerate learning environment that fosters academic excellence and respect for others. All students will strive to do their best, both academically and behaviorally, to promote the success of everyone in the classroom. (Building)



Discussion Prompt

 Do you have a team to do this work?

 Does the team have a statement of purpose?

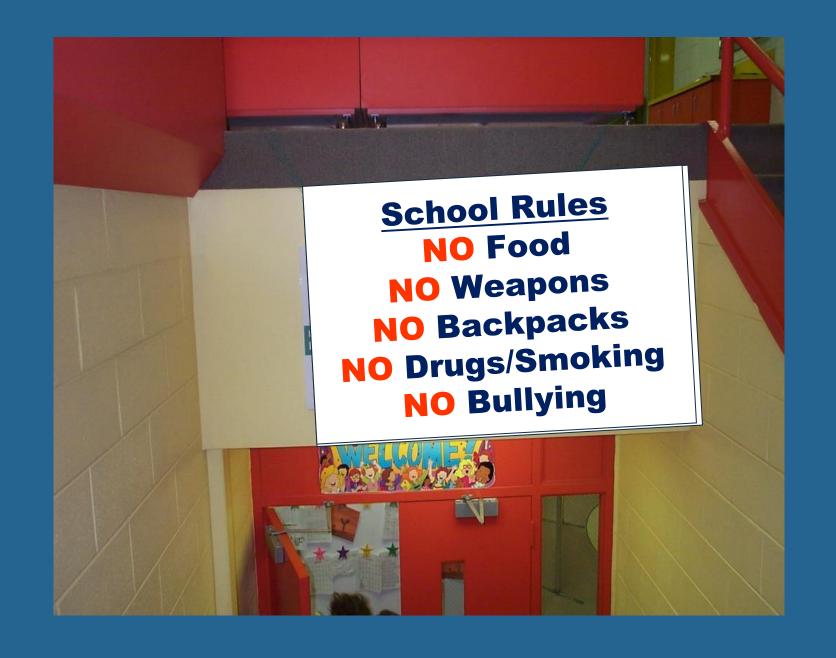




Establish 3 - 5 Positively Stated Norms/Expectations



REDESIGN LEARNING & TEACHING ENVIRONMENTS



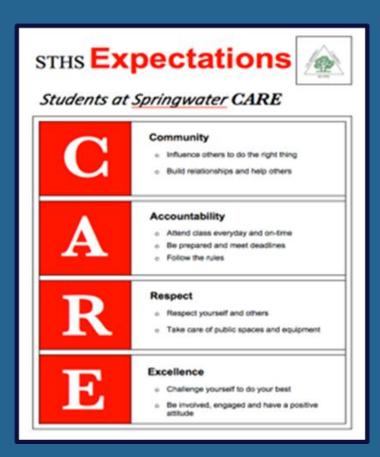


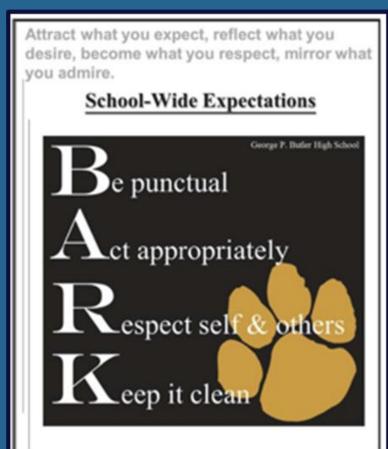
GUIDELINES FOR EXPECTATIONS

- Linked to social culture of school
- Appropriate cultural and contextual fit
- Considerate of social skills that already exist
- 3-5 in number
- 1-3 words per expectation
- Positively Stated
- Supportive of academic achievement
- Comprehensive in scope
- Mutually exclusive (minimal overlap)



Examples: 3-5 Positively Stated Expectations









Assess existing expectations based on fit with values and needs of staff, students, & families

Gather student input

Rules Gallery Walk. This activity is particularly helpful for middle and high schools. It engages students in both gathering and examining rules around the school.

- 1. Ask students to walk around the school and document (e.g., photograph) any posted "rules" they can find around the school.
- 2. Once collected, post the rules on the walls around a large common area (e.g., gymnasium) with a set of questions below each set of rules on flipchart paper. Examples include:
 - a. Is the rule positively stated?
 - b. What is the purpose of the rule?
 - c. What is the underlying value that this rule promotes?
 - d. Is this rule necessary?
 - e. Does this rule fit within any of our school-wide expectations (if they exist)?
- 3. Use the results to revise expectations and rules



Discussion Prompt

 Does your school have Norms/Expectations?

 Are they frequently used with students?





Define and Teach (**)



Define

	Te	eaching	SETTING						
	Matrix		All Settings	Hallways	Playgrounds	Cafeteria	Library/ Computer Lab	Assembly	Bus
	S	Respect Ourselves	Be on task. Give your best effort. Be prepared.	Walk.	Have a plan.	Eat all your food. Select healthy foods.	Study, read, compute.	Sit in one spot.	Watch for your stop.
MOLEVEDIANT	EXPECTATIONS	Respect Others	Be kind. Hands/feet to self. Help/share with others.	Use normal voice volume. Walk to right.	Play safe. Include others. Share equipment.	Practice good table manners	Whisper. Return books.	Listen/ watch. Use appropriate applause.	Use a quiet voice. Stay in your seat.
		Respect Property	Recycle. Clean up after self.	Pick up litter. Maintain physical space.	Use equipment properly. Put litter in garbage can.	Replace trays & utensils. Clean up eating area.	Push in chairs. Treat books carefully.	Pick up. Treat chairs appropriately.	Wipe your feet. Sit appropriately.



Behavioral Expectations

McAvinnue Lions	Be Respectful	Be Responsible	Be Safe	
Hallway	Voices turned off Silent helios Honor bubble space	Go directly to your destination Stay in your line, one behind the other, eyes forward	Walk Maintain body control	
Stairway	Stay to the right Honor bubble space Voices turned off	Keep control of your belongings Stay in your line, one behind the other, eyes forward	Take one step at a time One hand on the railing Maintain body control	
Recess	Share the equipment Follow the rules of the game Take turns	Put the equipment away Include others	Use the equipment properly Walk to the line when called	
Cafeteria	Use a restaurant voice Honor bubble space Include others	Raise your hand if you need something Clean your area and put your trash in the barrel Use table manners	Eat your own food Walk	
Bathroom	Flush Honor privacy Keep objects in the classroom Flush Include: Flush	Put paper towels in the trash can and toilet paper in the toilet Take care of business (TCB) and leave	Wash your hands Keep the water and the soap in the sink	
Bus	Keep the bus clean Use kind words Honor bubble space	Leave toys and electronic devices at home Follow adult directions Keep your belongings in your backpack	Sit and stay in your spot Maintain body control Use a quiet voice	

EXPECTATIONS

WALLKILL SENIOR HIGH SCHOOL EXPECTATIONS AND SETTINGS MATRIX

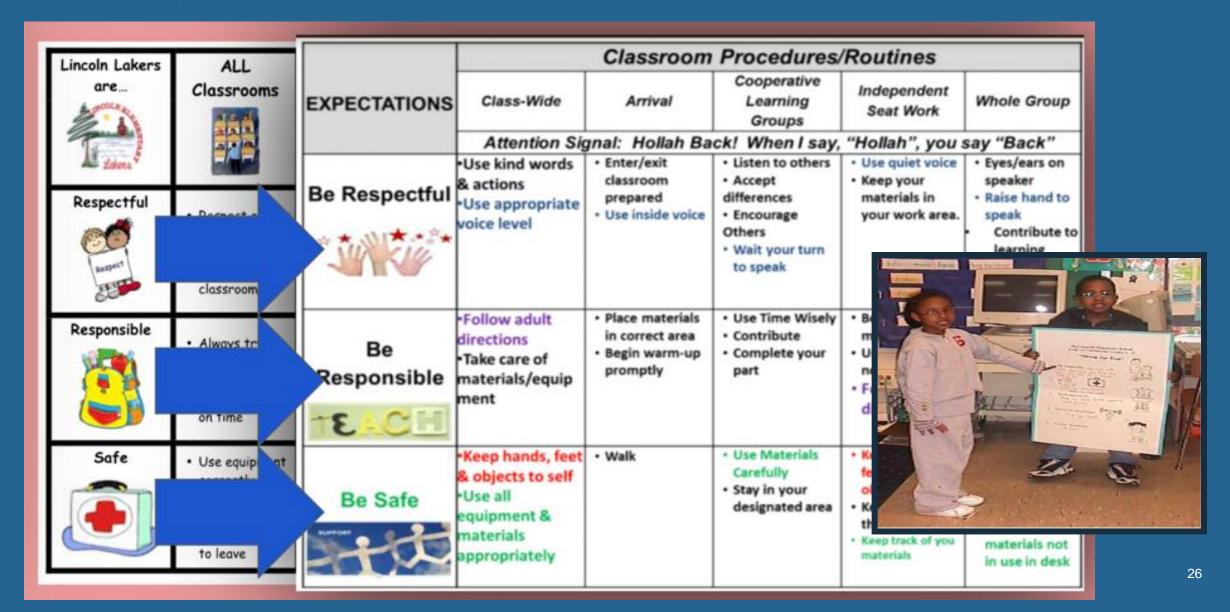


SETTING



1	ARRIVAL	HALLWAY	CLASSROOM	LUNCHROOM	BATHROOM	DISMISSAL
R Respectful	 ◆ Wait in line to enter school ◆ Use appropriate language ◆ Respect school and personal property 	 Use appropriate language Let others pass and say excuse me Be aware of classes in progress Follow school dress code 	Recognize other people's right to learn Respect opinions of others Comply with teacher requests Use appropriate language and tone	Use manners Be polite and patient Keep area graffiti free	Respect each other's privacy Keep area graffiti free	 Use appropriate language Respect school and personal property
Organization	 Have I.D. out and ready Maintain and respect personal space 	Keep lockers clean, orderly, and locked Get required materials for classes	Bring proper materials Return class materials to designated areas	Keep an orderly eating area Maintain Personal space	◆ Wait your turn ◆ Have a pass	◆ Take home proper materials
A Achieve	Arrive to school on time Positive interactions with peers and adults	Keep direct route to destinations Use time wisely Positive interactions with peers and adults Greet and Smile	Bring and use planner daily Listen and follow directions Participate Set and work towards academic goals	Make healthy and nutritious choices Use time wisely Make new friends	Return to class in a timely manner Use closest restroom	Arrive on time and safely to transportation Exit building appropriately and timely
Responsible	Get to homeroom in a timely manner Listen to morning announcements Follow dress code	Contribute to clean environment Be on time (assigned area when bell rings) Carry and show hall pass	Be on time and prepared Be accountable for your own actions Keep electronics off and away	Clean and clear up your eating area Recycle Fulfill financial obligations	Practice Proper Bathroom etiquette Wash hands Throw away trash	Resolve conflicts maturely Listen to afternoon announcements Wait for "students' are released"
S Safety	Remain in designated areas Enter in an orderly manner	 ♦ Walk ♦ Keep to the right ♦ Refrain from horse play ♦ Be aware of traffic flow 	Follow safety procedures Maintain personal space	Enter and exit in an orderly manner Maintain personal space	Refrain from horseplay Report unsanitary /hazardous conditions to an adult	 Exit in an orderly manner

Defining Class-Wide Norms and Routines



Sample: Classroom Behavioral Expectations Matrix

Voice: 0=Whisper	Expectation #1	Expectation #2	Expectation #3	Expectation #4	
1=Quiet talking/whisper 2=Normal talking 3=Outside voice	Be Responsible	Be Respectful	Be Safe	Be a Learner	
Entering Class	*Be in the room before the bell rings *Have all supplies with you before coming to class	*Go directly to seat so others may enter. *Voice level 0-1	* Walk * Sit in your assigned seat	*Read and work on GET STARTED assignment listed on chalk board.	
Handing in assignments/Home work	* Be sure you have your name and heading on all work to be handed in * Place work into IN Box	* Wait until the beginning or end of class to turn in work * Voice level 0-1	* Keep the floor clear of books and other objects	* If you have difficulty with an assignment, ask for help by raising your hand and waiting *Leave a note on your	
Working in Groups	*Bring all books and supplies with you before you move into groups *Give your input into the group activity	*Move to your group quietly and quickly *Voice level of 0-2	*Walk to your group table.	homework if you had trouble and we did not speak in class *Listen to gain information *Keep on task with the group assignment	
Exiting Class	* Clean up your area before leaving *Return any borrowed supplies to proper area	* Exit with a voice level of 0-1	*Walk out of class	*Be sure to write the homework assignment in your planner before leaving	



Establish a predictable schedule and clear procedures for each activity and transition

For each routine/procedure:

- Post steps to promote independence
- Teach explicitly
- Practice regularly and reteach frequently
- Provide specific feedback on student use

Arriving to the Classroom

- 1. Enter the Classroom quietly
- 2. Take a seat at your desk



- 3. Get out your homework
- 4. Grab Classroom materials



- 6. Complete the warmup
- 7. Explain the agenda for the day

5. Check the board for the warmup



8. Review and correct warmup





Agree on revised expectations and matrix



Revised expectations and matrix

Build consensus

Difficulty reaching consensus?

Consider a student vote among a few possible options

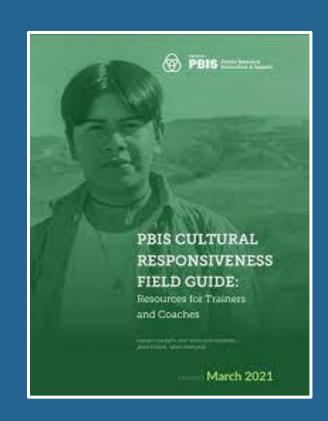
Consensus reached?

Move on to Creating Lesson Plan Consider using input from more marginalized groups

Determine if the expectations and matrix fit your school community!

Collecting stakeholder input to guide our work helps with...

- Staff buy-in
- Ensuring our supports reflect each member of our school community (students, parents, community members).
- Ensuring different perspectives and cultural values are considered.



Discussion Prompt

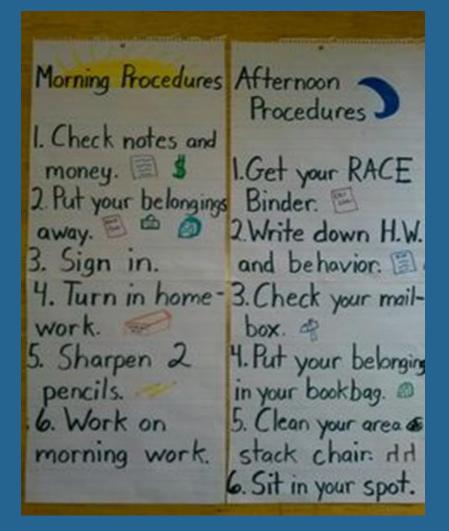
 Have you defined your Norms/Expectations?

 Have you gotten staff/student/family input?



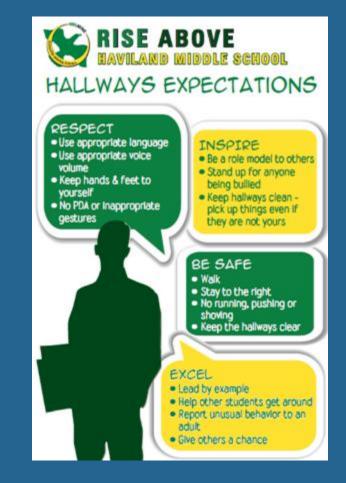


Remember Signage











Use Visuals for Nonreaders or Language Learners





Consider a Home Matrix



Consider sharing a sample blank matrix with families so they can develop their own matrix aligned with school expectations for consistency

"The Tweak"

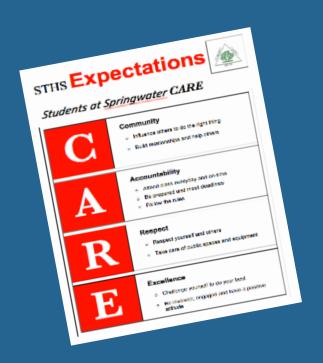


Using the school norms ask parents to create a matrix for challenging routines at home:

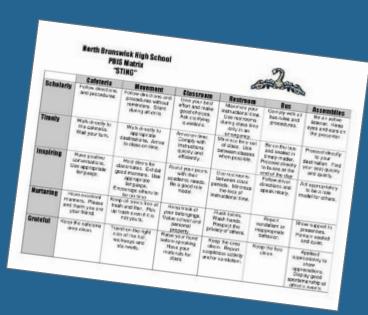
- Morning Routine
- Meal Times
- Homework
- Nighttime Routine



Your team and staff have identified school-wide expectations and developed a matrix...









Developing a System for Teaching Appropriate Behavior

 Once you have developed school/class-wide expectations, it is not enough to just post the words on the walls...

○ YOU MUST TEACH (and RETEACH) THEM!

Effective teachers spend 33% of their time the first days/weeks of each school year teaching expectations & reviewing expectations throughout the year. (Cotton, 1995)

Create Lesson Plans

Lesson Plan Focus: Restroom

Respect Ourselves	Respect Others	Respect Our Environment
Flush toilet	Give others space and privacy	Put paper towels in the trash can
Wash and dry my hands	Take turns	Turn off faucet
Return to class immediately	Clean up after myself	Flush the toilet
		Report any issues to a teacher immediately

	Learning Plan	Time
A. Intr	oduce School Rules/Expectations	10-15
1.	Review the Expectations Chart: Read and discuss.	minutes
2.	Ask students to explain what they think these expectations look like	
	and sound like (make a chart to document student thoughts and post	
	next to classroom rules).	
3.	Show students a quick video of expected student behaviors for the	
	restroom.	
B. Der	nonstrate examples of not following expectations.	5 minutes
1.	Respecting Ourselves/Others - Showing privacy (i.e., looking under	
	the stall, not washing their hands before leaving the bathroom). Talk	
	with students about how else a person might not be following the	
	Respectful expectation in the restroom.	
2.	Respecting Environment- Show example of not cleaning up the	
	space (throw paper towel on the floor, smear soap on the mirror) etc.	
	Talk with students about how else a person might not be following the	
	Responsible expectation in the restroom.	
C. Cho	pose a couple of students to "show" examples of following the	5 minutes
expec	tations.	
1. Res	specting Ourselves (flush toilet, wash/dry hands, return to class)	
Re	specting Others (give others space/privacy)	
3. Res	specting Environment (throw paper towels in trash)	
D. Pra	ctice	
1. Hav	e students practice lining up at the door (show them where you want	10 Minutes
the line	e to start and practice students line order).	
2. Esc	cort students to the boys and girls bathroom and have them line up	
outside	e of the restroom and allow students to go in the bathroom 3-4 at a time	

Hallway Lesson Plan

SETTING: Hallways

PROCEDURES:

- Walk in a single line on the right side of the hallway.
- · Yield for others who are trying to get through hallways.
- · Walk quietly and facing forward.

EXPECTATIONS:

Take care of yourself.	Take care of others.	Take care of the environment.
✓ Walk quietly.✓ Look ahead.✓ Listen to directions.	 ✓ Hands, feet, and objects to self. ✓ Be polite. ✓ Yield to others 	 Respect property. Everything on the wall, stays on the wall.

TE	TEACHING EXAMPLES:	
	POSITIVE EXAMPLES:	NEGATIVE EXAMPLES:
1.	Walk by a friend and give a friendly, verbal greeting.	You are walking in the <u>hallway</u> and someone accidentally bumps into you. You
2.	Walk through the hallways and keep your hands to yourself (not touching walls, bulletin boards, or others).	push them. 2. You want to get to music class first. So, you leave your spot in line and "cut" a friend
3.	Walk in a single line and stay on the right side of the hallway.	when the teacher is not looking. 3. You slide down the railing of the stairs

STUDENT ACTIVITIES:

- Overview of lesson:
 - "Today we are going to talk about how we 'take care of ourselves, others, and the environment' in the hallways."

making a loud noise at the bottom when landing and bump into another student.

- "Could someone tell us what we are going to learn and practice today?"
- "Why is it important for students to walk quietly and safely in the hall?"

Expectations and behavioral skills are taught and recognized IN CONTEXT















Social Skill Lesson Plan Template

Skill Name

Getting Help: how to ask for assistance for difficulty tasks

Teaching Examples

- 1. When you're working on a math problem that you can't figure out, raise your hand and wait until the teacher can help you.
- 2. You and a friend are working together on a science experiment, but you are missing a piece of lab equipment, ask the teacher for the missing equipment.
- 3. You are reading a story but you don't know the meaning of most of the words, ask the teacher to read and explain the word.

Kid Activity

- 1. Ask 2-3 students to give an <u>example of a situation</u> in which they needed help to complete a task, activity, or direction.
- 2. Ask students to indicate or show how they could get help.
- 3. Encourage and support appropriate discussion/responses. Minimize attention for inappropriate responses.

After the Lesson (During the Day)

- 1. Just before giving students difficult or new task, direction, or activity, ask them to tell you how they could *get help* if they have difficulty (precorrection).
- 2. When you see students having difficulty with a task (e.g., off task, complaining), ask them to indicate that they *need help* (<u>reminder</u>).
- 3. Whenever a student *gets help* the correct way, provide <u>specific praise</u> to the student.



Prompting Routines



<u>TeachingMinute: Expectations and Pre Corrects</u>





Guidelines for Teaching Expectations

Include	Include main school settings/contexts/routines i.e. Arrival, Hallways, Cafeteria, Dismissal
Consider	Adapt or use lessons that already exist
Specify	List 2-3 observable, positive, examples for each expectation within each setting
Teach	Teach social behavior just like academic skills
Practice	Provide opportunities for students to practice new expectations
Prompt	Provide prompts, precorrections, & feedback in natural context
Schedule	Schedule time for introducing teaching plan to staff & getting feedback on lessons
Schedule	Schedule time for obtaining feedback from students, families, & community members
Plan	Schedule initial instruction in natural context
Review	Evaluate the feedback, reteach, practice, & follow-up as needed



Discussion Prompt

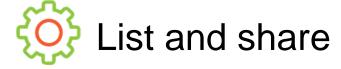
 Have you actively taught Norms/Expectations?





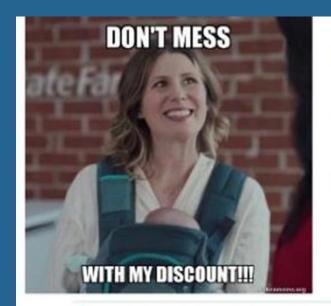
Acknowledge (**)

How many ways do we receive reinforcement in our everyday lives?





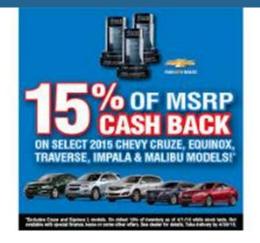






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2014 - 2015 School Year			
Bachelor's degree Lane 1	Master's degree Lane 2	Master's + 15 credit hours Lane 3	
\$50,653	\$54,161	\$55,916	
\$51,588	\$55,096	\$56,850	

\$56,236

\$57,493

\$57,990

\$59,247

GAS REWARDS Stop8Shop



\$52,728

\$53,984

Step

3







Benefits of Acknowledgements

- Creates positive interactions between students and teachers and amongst staff
- Clarifies school expectations for appropriate behavior

Let's students know what they are doing "right" so they're more likely to do it again

disciplinary measures

Reduces the need for engaging in time-consuming



As teacher praise rates increase, student outcomes improve!

Teacher praise rates

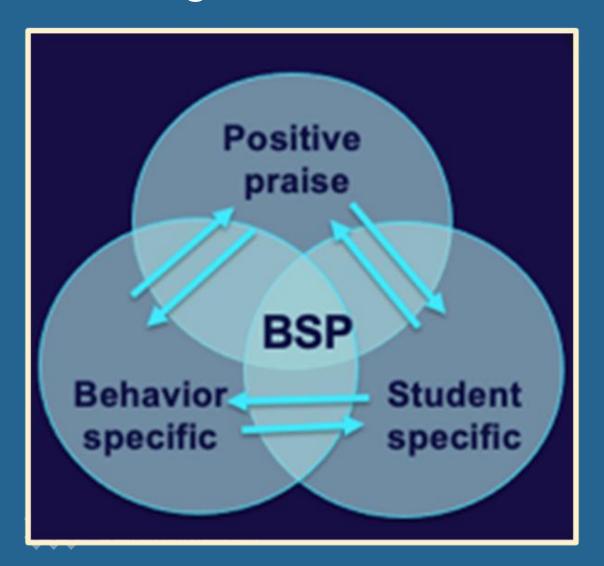
Student engagement and on-task behavior Disruptive behavior from students

Provide *more* acknowledgement than corrections.

Strive for $5^+ > 1^-$



Develop a continuum of acknowledgments to strengthen demonstration of expectations









Consider individual, group, immediate, long-term and intermittent schedules

- Student-Student

 Opportunities for students to give each other 'shout-outs' for social, emotional, behavioral & academic success and effort.
- School-Student Attendance, grades, behavior, state assessment, improvement, etc. (i.e. Attendance Campaign)







60-Second Strategy: Shout-Outs



Evaluate (

How will you know if you're making a difference?





What data tool will give you the best assessment?

- Office Referrals
- Climate Survey
- Out of Class Time (to office/buddy class)
- Informal Surveys/Counselor Feedback





How will everyone else know if you're making a difference?



Share data!



Celebrate!



What questions or thoughts do you have?







> Thank You











> Webinar Evaluation

https://go.edc.org/SEB-Academy-Event-Evaluation





