



SOCIAL, EMOTIONAL, & BEHAVIOR ACADEMY

Welcome to the 2022-2023 SEL & Mental Health Track of the SEB Academy!

The following pages are intended to give you an overview of the support you will receive and the learning you can expect to take part in during the 2022-2023 school year (and beyond). If you have been a participant in the Academy previously, welcome back! You will notice some updates and changes to our approach outlined here. If you are new this year, welcome! These pages should give you a general understanding of what lies ahead.

Also included is a calendar which show how experiences are laid out over the course of the year and when key events are happening. We *strongly* encourage team leads to clearly communicate key dates with their team members well in advance. All team leads will connect with their Technical Assistance (TA) Provider sometime between mid-August and mid-September and this year we look forward to connecting with each school/district team in-person at an individually scheduled meeting sometime in early fall.

Keep an eye out for communication from your TA Provider and in the meantime, feel free to check out our website to learn more.

We look forward to supporting you in the year ahead,

The SEL & Mental Health Track Team

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For any general questions, please reach out to sebacademy@edc.org

WHAT IS THE SEL & MH TRACK?

The Academy is a project funded by the [Massachusetts Department of Elementary and Secondary Education](#) (DESE) to help schools and districts across the Commonwealth develop multi-tiered systems of SEL and mental health supports that are effective, culturally sensitive, and sustainable. Over a three-year period, teams participate in ongoing professional development, coaching, and customized technical assistance.

WHAT DOES THE SEL & MH TRACK FOCUS ON?

The SEL and MH Track focuses on integrating and aligning social and learning (SEL) and mental health supports with the existing priorities, systems, and practices of the school/districts' multi-tiered system of supports. Using the below framework and based on the current context, teams are supported in assessing and prioritizing, implementing and improving, and/or scaling and sustaining SEL and mental health supports across tiers 1, 2, and 3.

WHAT CAN WE EXPECT TO ACCOMPLISH THROUGH THE SEL & MH TRACK?

Over the course of three years, schools will develop:

- a comprehensive structure to identify and address student mental health and SEL needs at all three tiers,
- a plan to support staff in deepening their understanding and developing their skills in key competencies, and
- a process to evaluate the effectiveness of programs and strategies.

WHAT SUPPORT CAN WE EXPECT TO RECEIVE FROM THE SEL & MH TRACK?

TECHNICAL ASSISTANCE	All teams are assigned a Technical Assistance Provider who offers guidance and coaching differentiated to each specific school/district team. Through <u>monthly connections</u> and an <u>in-person team meeting</u> , TA Providers offer support in a variety of ways, including but not limited to, thought-partnership, resource curation, document review, material development and more.
YEAR 1 COHORT WIDE EVENTS	Year 1 Teams (teams in their first year of the Academy) will engage in two fall convenings to orient to the Academy, learn about Academy tools and supports, and build connections both within and across teams.
CONTENT WEBINARS	Expert-facilitated webinars focused on highly-relevant topics which have been requested by teams.
PEER SHARING CALLS	Calls lightly-facilitated by a TA-provider intended to bring teams with similar interests together to share ideas, ask questions, and strengthen networks.
ACADMEY TOOLKIT	All tools and resources are compiled and available through the Academy website .
LEARNING MODULES	Pre-recorded modules focused on common questions and topics are available "on-demand".

NOTE: Academy participants can receive PDP hours for hours spent on the project.

SEB Academy: SEL & MH Track 2022-2023 Year at a Glance

	August	September	October	November	December
YEAR 1 TEAMS	Call w/ Team Lead	Kickoff Convening Thurs 9/29 3:00-4:30	TA Check-In <i>TA Team Mtg #1</i>	Follow-Up Convening Thurs 11/17 3:00-4:30	TA Check-In
YEAR 2-4 TEAMS	Call w/ Team Lead	<i>TA Team Mtg #1</i>		TA Check-In	TA Check-In
OPEN TO ALL			Peer-Sharing Calls Webinar: 10/25 3:00-4:30	Peer-Sharing Calls	Peer-Sharing Calls
	January	February	March	April	May
YEAR 1 TEAMS	TA Check-In	TA Check-In	TA Check-In	TA Check-In	TA Check-In
YEAR 2-4 TEAMS	TA Check-In	TA Check-In	TA Check-In	TA Check-In	TA Check-In
OPEN TO ALL	Peer-Sharing Calls Webinar: 1/26 3:00-4:30	Peer-Sharing Calls	Peer-Sharing Calls Webinar: 3/21 3:00-4:30	Peer-Sharing Calls	Peer-Sharing Calls Webinar: 5/11 3:00-4:30
	June	<ul style="list-style-type: none"> TA Check-Ins can be with Team Lead and/or other members of the team TA Team Meeting #1 ideally scheduled prior to Follow-Up Convening on 11/17 Focus and timing of Peer Sharing Calls TBD 			
YEAR 1 TEAMS	TBD				
OPEN TO ALL	Peer-Sharing Calls				