

Benefits of SEL

Studies comparing students who participated in SEL programs vs. those who did not found various positive outcomes including:

11

percentile-point gains in academic achievement¹



42%

less likely to be involved in physical aggression in schools²



\$11

return on investment for every dollar spent on SEL programs³



Long Term Increases in...

college readiness, career success, positive relationships, better mental health, and engaged citizenship.⁴



Long Term Decreases in...

Violent and drug crime convictions, and lower risky sexual behaviors⁵



Sources

- ¹ Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D. & Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. *Child Development*, 82(1): 405–432.
- ² Gunn, J. (2018). The Real and Lasting Impacts of Social-Emotional Learning with At-Risk Students. Room 241, Concordia University: Portland, Oregon. Retrieved from: <https://education.concordia.edu/blog/classroom-resources/sel-at-risk-students/>
- ³ Belfield, C., Bowden, A. B., Klapp, A., Levin, H., Shand, R., & Zander, S. (2015). The economic value of social and emotional learning. *Journal of Benefit-Cost Analysis*, 6(3), 508-544.
- ⁴ Taylor, R. D., Oberle, E., Durlak, J. A., & Weissberg, R. P. (2017). Promoting positive youth development through school-based social and emotional learning interventions: A meta-analysis of follow-up effects. *Child development*, 88(4), 1156-1171.
- ⁵ Conduct Problems Prevention Research Group. (2015). Impact of early intervention on psychopathology, crime, and well-being at age 25. *American Journal of Psychiatry*, 172, 59-70.

